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Two exponents sparring with one another during the recent Selangor Junior Judo Championships at Methodist Boys School, Kuala Lumpur. Aside from the competition, the Selangor Judo Association, which organised the meet, also identified 62 promising trainees. These students underwent intensive training during the recent two-week school holidays to prepare for the second leg of the national junior judo circuit.

## Picture this!

**F**or some students, the recent two-week holiday may have been a breather from school, but it certainly was no break from work!

With several sports championships organised during the holidays, students still had to work hard at maintaining their physical fitness and skills to bring glory to themselves, their schools and states, and even the country.

From judo to swimming and table tennis, our young ones put in their best effort and sacrificed their precious holiday time to show that they are no slouches when it comes to sports.

And it was not just all about sports either.

The Scout Association of Malaysia, Malacca, organised the 7th Malacca World Heritage City jamboree from May 30 - June 4 for scouts aged between 13-17 from all over the country.

Some 3,000 scouts attended the jamboree held at the Tan Clay Van Scout Camp in Bukit Kati, Malacca, including scouts from Bangladesh and Indonesia.

Aside from getting to know one another, the participants were given the opportunity to take part in several activities revolving around their scouting skills, science and handicraft, customs and cultures, adventure, a tour of Malacca and amateur radio operating skills.

As World Environment Day on June 5 was

observed and celebrated during the school break, many parents also took the opportunity to increase their kids' environmental awareness.

Among the many events organised in conjunction with the day was The Star's annual Green Day Celebration at the Forest Research Institute Malaysia (FRIM) in Kepong.

Thousands of visitors came to get closer to nature, as well as take part in the various fun activities organised for the celebrations.

Today, being the last day of the school break, means it is time to hit the books once again as school reopens for the second half of the academic year tomorrow. Happy studying!



Colouring contests are a popular activity among the young during the school holidays. Here, the young ones are taking part in the Kuntum magazine colouring session in FRIM.



Tree-climbing was one of the activities the more adventurous kids checked out during the Green Day Celebration organised by The Star in FRIM.



A senior scout assistant briefing some of the scouts participating in the 7th Malacca World Heritage City Jamboree on how to build a model bridge without using glue, duct tape or string.



Giving up their school holidays for the honour and stress of representing the country in the 33rd South-East Asian (SEA) Age-Group Swimming Championships was well worth it for this record-breaking quintet. - (From left) Ian James Barr, Christina Loh, Hii Siow Siew, Cheng Karmen and Adam Lim.



Spending part of their holidays amongst the greenery at FRIM seems to be an agreeable pursuit for nine-year-olds Vanessa Goh (left) and Bell Teck Meng.



The participants of the 2008 Milo-Malaysia Youth Table Tennis Championships forming up for the prize-giving ceremony at the end of the meet held from June 3-6 in Kuala Lumpur.



Brothers Lye Ming Hui, 11, and Lye Ming Rong, 7 (left), from Cheras enjoyed getting into the beat in the drum circle at The Star's Green Day Celebration 2008 in FRIM.



A child having fun and eager to launch his hand-made 'rocket' during the Hydro Rocket Adventure organised by ING Insurance Bhd in conjunction with World Environment Day recently.